

# Daily Prayer Guide & Journal

*The prayer of a righteous person is very powerful in its effect. Elijah was a human being as we are, and he prayed earnestly that it would not rain, and for three years and six months it did not rain on the land. Then he prayed again, and the sky gave rain and the land produced its fruit. (James 5:16-8)*

*Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need (Hebrews 4:16).*

Praying daily is essential because it allows us to cultivate a consistent and meaningful relationship with our Lord. Prayer allows believers to communicate with God and seek His guidance, strength, and wisdom. Through prayer, Christians offer their praise, express their gratitude, confess their sins, and make requests to God. It deepens one's relationship with God and cultivates a sense of inner peace and calmness.

Prayer is also a means of seeking God's help during difficult times, and it can provide comfort and assurance in times of distress. Prayer is an integral part of the Christian life, and it provides spiritual nourishment, guidance, and comfort to believers who practice it regularly.

*This is the confidence we have before him: If we ask anything according to his will, he hears us. And if we know that he hears whatever we ask, we know that we have what we have asked of him. (1 John 5:14-15)*

## Daily

### *Include Praise*

*I will bless the Lord at all times; his praise will always be on my lips (Psalm 34:1).*

*Hallelujah! Praise God in his sanctuary. Praise him in his mighty expanse. Praise him for his powerful acts; praise him for his abundant greatness. Praise him with the blast of a ram's horn; praise him with harp and lyre. Praise him with tambourine and dance; praise him with strings and flute. Praise him with resounding cymbals; praise him with clashing cymbals. Let everything that breathes praise the Lord. Hallelujah! (Psalm 150).*

Praising God in our prayers is a beautiful and essential aspect of our spiritual journey. By acknowledging God's greatness, power, and mercy, we show our gratitude and reverence for Him. Praising God reminds us of His sovereignty over all things and helps us to trust in His plan for our lives. It also allows us to reflect on our blessings and acknowledge the good things He has bestowed upon us.

Praising God in our prayers can fill us with peace and joy as we recognize His love and presence in our lives. It deepens our connection with Him and strengthens our faith. It is crucial to incorporate praise and worship into our prayers as we seek to grow closer to God.

## *Include Confession*

*If we say, "We have no sin," we are deceiving ourselves, and the truth is not in us. If we confess our sins, he is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness (1 John 1:8-9).*

*The one who conceals his sins will not prosper, but whoever confesses and renounces them will find mercy (Proverbs 28:13).*

Confessing our sins when we pray is an essential part of our relationship with God. As human beings, we are flawed and prone to sin, and our wrongdoing can create a barrier between us and God. By confessing our sins to God, we demonstrate our humility and our desire to live according to His will.

When we confess our sins, we let go of guilt and shame, which can weigh us down and hinder our relationship with God. Confessing our sins is a vital aspect of our prayer life, as it allows us to approach God with a contrite heart and seek His forgiveness and guidance.

## *Include Thanksgiving*

*Rejoice always, pray constantly, give thanks in everything; for this is God's will for you in Christ Jesus (1 Thessalonians 5:16-18).*

*Enter his gates with thanksgiving and his courts with praise. Give thanks to him and bless his name. For the Lord is good, and his faithful love endures forever; his faithfulness, through all generations (Psalm 100:4-5).*

*Hallelujah! Give thanks to the Lord, for he is good; his faithful love endures forever (Psalm 106:1).*

*Devote yourselves to prayer; stay alert in it with thanksgiving (Colossians 4:2).*

*Giving thanks always for everything to God the Father in the name of our Lord Jesus Christ, submitting to one another in the fear of Christ (Ephesians 5:20-21).*

Gratitude helps us to recognize the good things in our lives and to appreciate the blessings that God has given us. By expressing our gratitude, we acknowledge God's goodness, kindness, and provision in our lives.

Offering thanksgiving in our prayers also helps us to cultivate a positive attitude and a sense of contentment, even in difficult times. It reminds us that God is in control, and He has a plan for our lives.

Expressing thanks deepens our faith and strengthens our relationship with God. It allows us to focus on His goodness, rather than our struggles, and can give us hope and peace. Being grateful and offering thanksgiving to God should be an integral part of our prayer life, as it can enrich our spiritual journey and bring us closer to Him.

# Sunday

## *Pray for Your Church*

*Pray at all times in the Spirit with every prayer and request, and stay alert with all perseverance and intercession for all the saints (Ephesians 6:18).*

*Epaphras, who is one of you, a servant of Christ Jesus, sends you greetings. He is always wrestling for you in his prayers, so that you can stand mature and fully assured in everything God wills. For I testify about him that he works hard for you, for those in Laodicea, and for those in Hierapolis (Colossians 4:12-12).*

Praying for your church is an act of devotion, expressing your love and care for your spiritual community, and your commitment to the well-being and success of your church family. Prayer invites God's guidance, protection, and provision for your church. It acknowledges that the church is not a human organization, but a divine institution. Praying for your church helps foster spiritual growth and unity among its members. And it humbles the individual, reminding them they are part of something larger than themselves, and must rely on God's grace for the church's growth and impact.

When praying for your church, it is important to remember to:

- Pray for your pastor as he prepares and delivers his sermons and for strength as he ministers to the members of your congregation.
- Pray for all the Bible Teachers as they study their lessons and prepare the hearts and minds of those who hear their teaching to receive it and apply it to their lives.
- Pray for God's guidance and wisdom for all the leaders in your church to lead the congregation according to God's will.
- Pray for the spiritual growth of the members, that they may grow in their faith and walk closer with God, being transformed by the power of the Holy Spirit.
- Pray for unity and love among the members, that they may work together in harmony to build up one another in love.
- Pray also for the church's outreach and mission efforts, that they may bear fruit and bring others to Christ.
- It is important to pray for protection against the schemes of the enemy, so that the church may remain strong in the face of spiritual opposition.

Your Personal Prayer Request for Your Church:

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# Monday

## Pray for Your Family

*Arise, cry out in the night from the first watch of the night. Pour out your heart like water before the Lord's presence. Lift up your hands [in prayer] to him for the lives of your children (Lamentations 2:19).*

*These words that I am giving you today are to be in your heart. Repeat them to your children. Talk about them when you sit in your house and when you walk along the road, when you lie down and when you get up. Bind them as a sign on your hand and let them be a symbol on your forehead. Write them on the doorposts of your house and on your city gates (Deuteronomy 6:6-9).*

Family is a fundamental part of our lives, and lifting them up in prayer expresses our love, care, and concern for their well-being. Praying for your parents, spouse, children and extended family invites God's protection, guidance, and blessings upon them, and seeks His help in times of need. Your prayers are a powerful act of love and devotion that nurtures your family's growth, fortifies harmony and togetherness, and brings comfort and strength to your loved ones. Praying for your family provides an opportunity for personal growth and spiritual maturity, as it cultivates a humble and grateful heart and deepens your relationship with God.

When praying for your family, it is important to remember to:

- Express gratitude for your family and all that they bring to your life, acknowledging that they are a gift from God.
- Pray for their physical health, safety, and protection from harm.
- Pray for their emotional and mental health, asking for peace and joy, to fill their hearts and minds.
- Pray for unity and love within your family, and for God's provision and guidance in all their endeavors.
- Pray for their spiritual growth, asking God to draw them closer to Him and give them wisdom and discernment in their daily lives.
- Pray for strength and courage for your family to be a witness for God, and to be effective in their personal ministry.

Your Personal Prayer Request for Your Family:

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# Thursday

## *Pray for Your Missionaries and Christian Ministries*

*He told them, The harvest is abundant, but the workers are few. Therefore, pray to the Lord of the harvest to send out workers into his harvest (Luke 10:2).*

*We have put our hope in him that he will deliver us again while you join in helping us by your prayers. Then many will give thanks on our behalf for the gift that came to us through the prayers of many (2 Corinthians 1:10-11).*

Praying for missionaries and various Christian ministries is a tangible way to express your support and encouragement for their physical, emotional, and spiritual well-being. It acknowledges the sacrifices they make and the risks they face in their ministry work. Praying for missionaries and ministry workers is a powerful act of love and compassion that uplifts their spirits, empowers their ministry, and brings comfort, strength, and blessings to those who are spreading the good news of Jesus Christ through their local, national, or worldwide ministries.

When praying for missionaries and Christian ministries, it's important to remember to:

- Pray for the spiritual and physical challenges they face as they spread the Gospel to people in different parts of the world.
- Pray for their safety, protection, and health, as well as for their financial provision and resources needed to carry out their work effectively.
- Pray for God's guidance, protection, and provision as they navigate different cultures, languages, and circumstances.
- Pray for their spiritual growth and strength, that they may continue to be rooted in God's love and grace as they face challenges and difficulties in their ministry.
- Pray also for the people they are reaching out to, that they may be receptive to the Gospel and have open hearts to receive God's love and salvation.
- Pray that their work and ministry will be fruitful, impactful, and glorify God in all they do.

Your Personal Prayer Request for Your Missionaries and Christian Ministries:

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# Saturday

## *Pray for Your Service to God*

*If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him (James 1:5).*

*For I know the plans I have for you—this is the Lord’s declaration—plans for your well-being, not for disaster; to give you a future and a hope. You will call to me and come and pray to me, and I will listen to you. You will seek me and find me when you search for me with all your heart. (Jeremiah 29:11-13).*

Praying for your service to God recognizes the importance of dedicating your life and talents to serving Him and reflects a heart of humility, surrender, and dependence on His guidance as you seek to fulfill His will in your life. Prayer for your ministry acknowledges that your service is not about your own agenda or achievements, but about aligning your life with God’s plans and purposes for His kingdom. It nurtures a deep intimacy with God, as you seek His presence and guidance to carry out His work effectively. Your prayers help nurture a heart of gratitude as you acknowledge the privilege of serving the Lord and the joy of participating in His redemptive work in the world.

When praying for your personal service to God, it’s important to remember to:

- Pray for God’s wisdom, strength, and direction as you engage in ministry, evangelism, discipleship, or other form of service to Him.
- Thank Him for the skills, talents, and spiritual gifts He has given you.
- Ask God to reveal His plans and purposes for your life, and to give you the wisdom and discernment to hear His voice and follow His leading to enable you to carry out His work with humility, effectiveness, and joy.
- Pray for a heart that is open to His direction, and a willingness to obey His commands even when it may be difficult.
- Pray for His presence, guidance, and strength to fulfill the ministry He has called you to, and for the courage to step out in faith and take risks for His kingdom.
- Most of all, pray for humility and a servant’s heart, recognizing that your ministry is not about you, but about bringing glory to God and serving others in His name.

Your Personal Prayer Request for Your Service to God:

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Do you struggle with your prayer life?

So did the Apostles!

Jesus taught His disciples to pray, but throughout the gospels, they continued to struggle in their prayer life. They even fell asleep while praying in the Garden of Gethsemane. Then, as we turn the page to the Book of Acts, we find the prayers of the Apostles at the heart of transforming their ministry. Their prayer life transformed these common ordinary fishermen into the spiritual giants who turned the world upside down.

Discover the life-changing Power of Prayer  
in the lives of the Apostles.

**Encounters with God through Prayer** is a devotional booklet that will help you find peace and inspiration in your daily life. This short, easy-to-read booklet contains lessons from our Lord and uplifting examples from the lives of the apostles that will help you start your day and deepen your relationship with God. Its valuable insights, powerful prayers, and practical tips comprise the perfect devotions to help you develop a more meaningful prayer life.

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Published by:  Christian  
Growth  
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